New!

IN-STORE
PREPARED MEAL PROGRAM

CLEAN PACKAGING

PERFECT PROPORTIONS

MINIMIZE SHRINK

IN-STORE MADE





NEW! IN-STORE **PREPARED MEAL PROGRAM**

PRODUCT DESCRIPTION	PORTION SIZE	FRESH	FROZEN
Breaded Chicken Cutlet	5 oz.	✓	✓
Macaroni & Cheese	4 oz.	✓	
Corn Soufflé	4 oz.		✓
TOTAL	**13 oz.**		
Breaded Chicken Cutlet	5 oz.	✓	✓
**Sauce*	2 oz.		
**Mozzarella Cheese*	1 oz.		
Penne Marinara	4 oz.	✓	✓
Grilled Vegetables *(chopped)*	4 oz.	✓	
TOTAL	**16 oz.**		
Mini Meatloaf *with Ketchup Glaze (2/4 oz. pc)*	8 oz.	✓	✓
**Cut Meatloaf into 4 equal slices*			
Mashed Potatoes *with Roasted Garlic*	4 oz.	✓	
Glazed Baby Carrots	4 oz.	✓	✓
TOTAL	**16 oz.**		
Chicken Marsala	4 oz.	✓	✓
**Sauce*	2 oz.		
Penne Marinara	4 oz.	✓	✓
Sautéed Spinach	4 oz.	✓	
TOTAL	**14 oz.**		
Chicken Piccata	4 oz.		✓
**Sauce*	2 oz.		
Herb Roasted Potatoes	4 oz.	✓	
Brussel Sprouts *with Bacon*	4 oz.	✓	
TOTAL	**14 oz.**		
Grilled Teriyaki Chicken	4 oz.	✓	✓
**Sauce*	2 oz.		
Sesame Noodle	4 oz.	✓	
Carrot Soufflé	4 oz.	✓	
TOTAL	**14 oz.**		
Eggplant Rollantini	5 oz.		✓
**Marinara Sauce*	2 oz.		
Penne Marinara	4 oz.	✓	
Grilled Vegetables (chopped)	4 oz.		✓
TOTAL	**15 oz.**		

PRODUCT DESCRIPTION	PORTION SIZE	FRESH	FROZEN
Stuffed Cabbage Roll	8 oz.	✓	✓
**Sauce*	2 oz.		
Mashed Potatoes *with Roasted Garlic*	4 oz.	✓	
Glazed Baby Carrots	4 oz.	✓	✓
	TOTAL 18 oz.		
Chicken Brushetta Rustica	4 oz.	✓	✓
**Sauce*	2 oz.		
Mashed Potatoes *with Roasted Garlic*	4 oz.	✓	
Creamed Spinach	4 oz.		✓
	TOTAL 16 oz.		
Turkey Meatloaf *(2/4 oz.)*	8 oz.		✓
**Cut Meatloaf into 4 equal slices*			
Roasted Butternut Squash	4 oz.		✓
Sautéed Spinach	4 oz.	✓	
	TOTAL 16 oz.		
Grilled Chicken Breast	4 oz.	✓	✓
Macaroni & Cheese	4 oz.	✓	
Corn Soufflé	4 oz.		✓
	TOTAL 12 oz.		









• IN-STORE MADE QUALITY WITH MINIMAL LABOR
• PACKAGING INFO AND GARNISHING TECHNIQUE AVAILABLE UPON REQUEST



GOURMET BOUTIQUE | 144-02 158TH ST, JAMAICA, NEW YORK | (718) 977.1200 | WWW.GOURMETBOUTIQUE.COM

ENTRÉES

Breaded Chicken Cutlet

Brushetta Chicken Rustica

Chicken Breast *Stuffed with Prosciutto & Mozzarella*

Chicken Cordon Bleu

Chicken Florentine

Chicken Marsala

NEW! Chicken Piccata [GF]

Chicken Pot Pie

Crab Cakes

Eggplant Rollantini

Italian Style Meatballs *with Marinara Sauce (2.2oz/ea)*

Lasagna Rolls *with Marinara Sauce*

Mini Chicken Burritos

Mini Meatloaf *with a Ketchup Glaze*

Mini Turkey Meatloaf

Salisbury Steak Kit

Salmon Teriyaki

Spinach Lasagna Rolls *(no sauce)*

Stuffed Cabbage *Traditional Style*

Stuffed Cabbage *Sweet & Sour*

Stuffed Peppers

Vegetable Garden Cutlet

GRILL

Grilled Cajun Chicken Breast [GF]

Grilled Chicken Breast

Grilled Chicken Breast *with BBQ Sauce*

Grilled Chicken Breast *with Lemon Sauce*

Grilled Chicken Breast *with Rosemary Balsamic Sauce*

Grilled Chicken Breast *with Teriyaki Sauce*

Grilled Turkey Patties

Grilled Turkey Patties Deluxe

SPECIALTY SALADS

Baby Beet Salad [GF]

Health Salad [GF]

Sesame Noodle Salad

Tortellini Pesto Salad

Black Bean & Corn Salad

SIDE DISHES

Brussel Sprouts *with Bacon*

Cranberry Orange Walnut Relish

Creamed Spinach

Fettuccine Alfredo

Glazed Baby Carrots [GF]

Grilled Vegetables

Herb Roasted Potatoes

Macaroni & Cheese

Macaroni & Cheese *Country Style*

Maple Glazed Yams *(seasonal)*

Mashed Redskin Potatoes *with Garlic*

Penne ala Vodka

Penne Marinara

Potato Pancakes

Roasted Butternut Squash *with Cranberries*

Risotto Cakes *Carbonara*

Sautéed Spinach *with Roasted Garlic*

Cranberry Pecan Stuffing *(seasonal)*

Garlic Herb Stuffing *(seasonal)*

Holiday Stuffing *(seasonal)*

Mushroom Cheese Stuffing *(seasonal)*

Spinach Feta Stuffing *(seasonal)*

PROTEIN SALADS

Curry Chicken Salad [GF]

Homestyle Chicken Salad [GF]

Homestyle Tuna Salad

Honey Fruit & Nut Chicken Salad [GF]

Chipotle Chicken Salad [GF]

COMPONENTS

Diced Grilled Chicken

Diced Poached Chicken [GF]

Grilled Chicken Strips [GF]

BAKERY

Carrot Soufflé

Corn Soufflé

Sweet Potato Soufflé